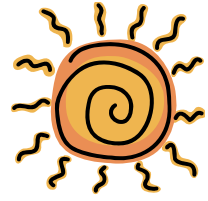


Water Exercise for Adults



Lap Swim Time

(ages 18 and older)

Monday through Friday

11:00 AM – Noon

Get refreshed with an invigorating swim in the Olympic Pool.

It's a great way to energize your day!

Lazy River Adult Time

Members only

Monday through Friday

7:30 AM – 8:30 AM

Walk-ins

11:00 AM - Noon

Walk the 660 feet against the current and improve your health!